

The Whoool

Volume 24, Issue 1

January/February 2006

The Newsletter of Reston Bicycle Club

Annual Meeting Held in November

(by Don Brumbaugh)

In accordance with the club bi-laws, The Reston Bicycle Club held its annual meeting on November 20th at the Herndon Bertucci's. Club members gave several presentations and games and grab bags were awarded. Awards of appreciation were given to club volunteers that contributed to the club directly and also those who contributed to this years Century.

A check for \$10,000 was presented to the American Red Cross from the Century proceeds. The Red Cross has contributed to making the Century a success over the years.

After presentations were completed we got down to the serious business of electing this years Club Officers. The only change in the board membership resulting from the elections was that yours truly has now become an actual member of the board. I have replaced Daren Magness as member at large. Daren stepped down from the position after several years there. The club would like to thank him for his years of service to the club and his continuing service as century volunteer coordinator. See page three for the new board member listing.

Everyone seemed to have a good time and we are now looking forward to another fun year of riding.



Chris presents Jessica Chiles with check to ARC



Chris and Paul White (former RBC chairman) talk before the meeting

TO: W&OD Trail Friends, Neighbors and all who enjoy the Trail

FROM: Save The Trail

RE: Critical Events and How YOU can help

Over a year ago we celebrated together when Dominion Virginia Power announced that they would NOT use the W&OD Trail as their preferred route for the new 11 story high, 240 kV electrical lines. Unfortunately, given the way that the legal rules are written, the State Corporation Commission recently stated that they must, by law, consider the W&OD trail as a route since Dominion Virginia Power owns the easement on the W&OD Trail.

Many of you have responded to our recent letter and we thank you for your support. Our attorney has advised us that it is critical that citizens attend and speak at the 3 upcoming hearings in February and March 2006 and to also voice their support for the Trail by sending their comments on Dominion Power's Application via the SCC website available until February 6, 2006.

(Continued on page 6)

Chairman's Message: Chris Ross

Greetings again from the Reston Bike Club! On November 20th we held our annual meeting, where we had a good turnout of around 45 club members. We had lots of fun eating pizza, trading cycling stories, and watching a slideshow in the background of photos taken on our cycling adventures last year. We had some great fall foliage shots this year - it seems that the summer drought might have actually helped the colors, since they seemed brighter than those in recent years. Don Brumbaugh gave a nice presentation of his weekend at the Peanut Tour in Virginia and North Carolina. The Tour had some great rest stops - which give us some good ideas as we being planning for next year's century. Look for more details on this in the months head. Please contact any board member if you'd like to volunteer!

We presented a check for \$10000 to the American Red Cross, bringing our total contribution this year to almost \$13000. The Club is very grateful to all of you who worked so hard as Century volunteers - the fact that we have been able to host such a large event as a small Club is a testament to your great efforts! We also elected a new board to serve the Club in the coming year. Our 2006 board has one new member: Don Brumbaugh, who is replacing Daren Magness. Don - many thanks for stepping up, and Daren, many thanks for all your contributions on the board and for doing a great job leading SAG support for the Century! The rest of the board is composed of returning 2005 members - many thanks to all of you for agreeing to continue on.

As I write this (Monday, December 5th) a snowstorm is fast approaching! I'm happy I was able to sneak in a ride last Saturday in between Holiday and family commitments. It's always satisfying when you get rides in on days that appeared to be out of the question! The last couple of weeks have required some adjustment to the winter conditions, but after a

while the exhilaration of just being out there outweighs the colder temperatures - plus the coffee and paper afterwards are even more enjoyable! We hope to see you on our weekend Club rides in the next couple of months. The paces and routes are toned down of course to match the conditions - after all we're out there to get in a reasonable workout - and not overdo it this time of year!



Finally, a short plug for those of you who enjoy your scenic rides on the W&OD trail - as I do! The battle to save thousands of trees on the outer 11 miles of the W&OD trail from destruction is nearing a climax. The trail may end up being used as a pathway for Dominion Virginia Power's huge transmission poles and power lines. The Club urgently calls for you to help out. There are several things you can do:

- 1) Testify in person at the public hearings in Loudoun County on February 8th and 9th or in Richmond March 27th. (the most valuable contribution)
- 2) Send email to: <http://www.scc.virginia.gov/caseinfo/notice.aspx>
- 3) Go to www.savethetrail.com to make a tax-deductible contribution.
- 4) Mail a check to: Save the Trail, Inc. (make the check payable to: Save the Trail, Inc.) PO Box 13 Hamilton, VA 20159.

For more details see Save the Trail's message elsewhere in this newsletter. Their objective is to raise \$50000 from the community for legal defense by December 31st of this year.

Happy Holidays and stay warm out there!

Chris

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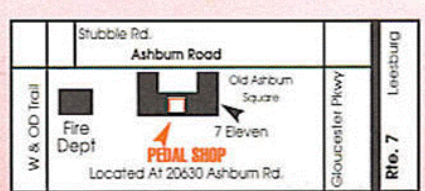
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Who's Who In Reston Bike Club

Chairman:
Chris Ross (703) 243-2042
ross3ca@comcast.net

Vice Chairman:
Cesar Olivos (703) 242-0724
cesar.olivos@verizon.net

Secretary:
Kathy Bromley (703) 264-0210
Wld-flwr@comcast.net

Treasurer:
Ken Thompson, (703) 476-4106
Kenneththompson@att.net

Members at-large:
Victor Siegfried, (703) 946-2994
vasieg@comcast.net

Don Brumbaugh, (703) 880-3024
dbrumbaugh@cox.net

Mark Hollinger (703) 815-2723
mlhollinger@earthlink.net

Randy Karn (703) 742-4074
rk@htarch.com

Craig Clark (703) 689-0152
ccbike@cox.net

Ride Coordinators:
Level A/B:
Ron Rothrock, (703) 759-2850
rrothrock@earthlink.net

Level C:
Gregory D. Foster, (703) 489-8706
gfoster@gmu.edu

Level D:
VACANT PLEASE VOLUNTEER

Newsletter:
Don Brumbaugh, (703) 880-3024
dbrumbaugh@cox.net

Database:
Ed Robichaud, (703) 860-0108
edrobichaud@wdn.com

Web Master:
Mark Hollinger (703) 815-2723
mlhollinger@earthlink.net

Ride Level Descriptions

- A Aggressive riders. Grueling pace with sprints, 40 - 100 mi, 18 - 20+mph average.
- B Strong riders. Demanding pace, 25 - 75 mi, 14 - 18 mph average.
- C Average riders. Moderate pace, 15 - 50 miles, 10 - 14 mph average.
- D New or casual riders. Easy pace, 10 - 25 miles, 8 - 10 mph average.

Travel Cases Available to RBC Members

The RBC has two travel cases available for membership use. These are available on a first come first serve basis.

Call 703-264-0210 to make arrangements.

Welcome New and Returning Members

New Members

Joel Kuester, Rebecca Toth

Returning Members

Irving Brown, Mary Ann & Tim Donohue, John Friedman, Tom & Shelley Kuenning, Lois & Mike Olson, Susan Whitmore, Mark & Lori Hollinger, Paul Wessel, Mark Calem, Charles "mike" Folsom, Nathan Golan, Chris Ross

Please come and ride with us soon so we can meet you!

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HOT, Fun
HOT!
Fun!**

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Ride Schedule—January / February

ATTENTION ALL RIDERS - MAKE SURE YOU CALL THE RIDE LEADER ESPECIALLY FOR ALL OUT OF TOWN RIDES TO MAKE SURE THAT THIS INFORMATION IS ACCURATE AND IT HASN'T CHANGED. REFER TO WWW.RESTONBIKECLUB.ORG FOR NEW RIDES AND ADDITIONAL INFO.

Winter Rides will follow the >40 Deg. F and <50% chance of rain rule. If the weather reports are predicting condition outside these ranges the ride may be cancelled. Please call the listed ride leader to confirm the ride status.

January and February 2006 Schedule

Date:	Sunday, January 1, 2006	Date:	Sunday, January 22, 2006
Start Location:	Reston Town Center NE parking lot	Start Location:	Reston Town Center NE parking lot
Level:	A/B	Level:	A/B
Time:	10:30 AM	Time:	10:30
Mileage:	32 miles	Mileage:	32 miles
Description:	Leesburg Donut Run/Impromptu	Description:	Leesburg Donut Run/Impromptu
A/B Leader:	TBD (call Ron Rothrock, 703-759-2850)	A/B Leader:	Don Brumbaugh, 703-880-3024
C Leader:	TBD (call GregFoster, (703) 489-8706)	C Leader:	TBD (call GregFoster, (703) 489-8706)
Date:	Saturday, January 7, 2006	Date:	Saturday, January 28, 2006
Start Location:	7-Eleven at Crestview and W&OD Trail	Start Location:	7-Eleven at Crestview and W&OD Trail
Level:	A/B ride	Level:	A/B ride
Time:	10:30 AM	Time:	10:30 AM
Mileage:	Various (typically 50 miles or more)	Mileage:	Various (typically 50 miles or more)
Description:	Impromptu (Please call if planning to ride)	Description:	Impromptu (Please call if planning to ride)
A/B Leader:	Gaston Prudencio, 703-906-7524	A/B Leader:	Gaston Prudencio, 703-906-7524
	Randy Karn, 703-742-4074		Randy Karn, 703-742-4074
Date:	Sunday, January 8, 2006	Date:	Sunday, January 29, 2006
Start Location:	Reston Town Center NE parking lot	Start Location:	Reston Town Center NE parking lot
Level:	A/B	Level:	A/B
Time:	10:30 AM	Time:	1:00 PM
Mileage:	32 miles	Mileage:	35.4 mi
Description:	Bunch of Bull Abbreviated	Description:	Tour de Reston II
A/B Leader:	Chris Ross, 703-243-2042	A/B Leader:	John Shea, 703-264-0210
C Leader:	TBD (call GregFoster, (703) 489-8706)	C Leader:	TBD (call GregFoster, (703) 489-8706)
Date:	Saturday, January 14, 2006	Date:	Saturday, February 4, 2006
Start Location:	7-Eleven at Crestview and W&OD Trail	Start Location:	7-Eleven at Crestview and W&OD Trail
Level:	A/B ride	Level:	A/B ride
Time:	10:30 AM	Time:	10:30 AM
Mileage:	Various (typically 50 miles or more)	Mileage:	Various (typically 50 miles or more)
Description:	Impromptu (Please call if planning to ride)	Description:	Impromptu (Please call if planning to ride)
A/B Leader:	Gaston Prudencio, 703-906-7524	A/B Leader:	Gaston Prudencio, 703-906-7524
	Randy Karn, 703-742-4074		Randy Karn, 703-742-4074
Date:	Sunday, January 15, 2006	Date:	Sunday, February 5, 2006
Start Location:	Reston Town Center NE parking lot	Start Location:	Reston Town Center NE parking lot
Level:	A/B	Level:	A/B
Time:	10:30 AM	Time:	10:30 AM
Mileage:	28 to 43 miles	Mileage:	32 miles
Description:	Algonkian Park/Country Side/Ashburn	Description:	Leesburg Donut Run/Impromptu
A/B Leader:	TBD (call Ron Rothrock, 703-759-2850)	A/B Leader:	TBD (call Ron Rothrock, 703-759-2850)
C Leader:	TBD (call GregFoster, (703) 489-8706)	C Leader:	TBD (call GregFoster, (703) 489-8706)
Date:	Saturday, January 21, 2006	Date:	Saturday, February 11, 2006
Start Location:	7-Eleven at Crestview and W&OD Trail	Start Location:	7-Eleven at Crestview and W&OD Trail
Level:	A/B ride	Level:	A/B ride
Time:	10:30 AM	Time:	10:30 AM
Mileage:	Various (typically 50 miles or more)	Mileage:	Various (typically 50 miles or more)
Description:	Impromptu (Please call if planning to ride)	Description:	Impromptu (Please call if planning to ride)
A/B Leader:	Gaston Prudencio, 703-906-7524	A/B Leader:	Gaston Prudencio, 703-906-7524
	Randy Karn, 703-742-4074		Randy Karn, 703-742-4074

(Continued on page 6)

Bike Donations Campaign Manager

Position Description. The Bike Donations Campaign Manager will be in charge of PH&H's ongoing efforts to provide a working bicycle to each worker in need of one. This position was created to respond to community concerns over potential trespassing by workers who travel from their homes to the new site by foot. By providing workers with bikes, trespassing is less likely to be a problem.

The Bike Donations Campaign Manager will be responsible for:

- working with faith community congregations, Bikes for the World, and other potential donors to acquire donated bikes and accessories for the workers
- insure that the bikes donated are immediately useable or can easily be repaired
- identify and coordinate with bike repairers to condition bikes for daily use
- coordinate a loan program for the workers who will put down a deposit on the bikes they are provided while using the services of the Herndon Official Workers Center
- assist workers in learning how to do their own bike repair provide opportunities for workers to learn about bicycle safety.

Qualifications. The Bike Donations Campaign Manager should be knowledgeable about bikes, bike safety, and bike

repair. He or she must be well-organized in order to manage other volunteers who handle repairs and/or training. He or she will need financial management skills to run the loan program, or be qualified to supervise a volunteer who can perform that function. A person with good contacts in the bicycling community and among bike shops in the area is preferred.

Training. Not applicable.

Contact.

Sarah Newman
 Floris United Methodist Church
 2730 Centreville Rd.
 Herndon, VA 20171
 Phone: 703-793-3851
 sneyman@florismc.org

Reston Triathlon Needs Your Help

The Directors are looking for an individual who might be interested in heading up our marketing and publicity efforts. The task would involve contacting current, new and prospective sponsors to gain their support. We have the materials needed to sell the event, but not the time. The publicity effort would be to prepare articles or ideas and then contact our local papers to get the story included, or get a reporter to come out and cover the story. In the past there have been stories about the various people that have done all or most of all of this annual event. Again, it is a time crunch, with all the other things going on at that time.

Of course, the Directors will be looking for all the volunteers they can find to help them put on the 21st RT on September 10th. It should be the best ever.

For more information, please contact one of the Directors-Bunny Bonnes, Abbie Edwards, Dave Glover, Donna and Richard Rostant, Terry Troxell, or B.J. Silvey.

Find Out What Makes the RBC Tick..

On the first Wednesday of every month the RBC conducts its monthly meeting. Although these meetings are attended by meeting leaders, all club members are invited. If you would like to have a greater input into how the club is run, if you want to find out what being a board member is all about, if you just want to join the fun you are invited to join us.

If you would like to join us, call one of the board members from page 3 and we will give you directions to the meeting.

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(Continued from page 1 Save the Trail)

Here is the information to attend the hearings and to send your comments directly to the SCC:

The 2 public hearings in Loudoun County are on February 8, 2006, beginning at 1:30 p.m. and reconvening at 7:00 p.m. and on February 9, 2006, beginning at 9:30 a.m. in the Board of Supervisors Meeting Room, Loudoun County Government Center, 1 Harrison Street, S.E., Leesburg, Virginia. The 1 public hearing in Richmond will be on March 27, 2006, at 9:00 a.m., in the State Corporation Commission's Courtroom, Second Floor, Tyler Building, 1300 East Main Street, Richmond, Virginia.

To send comments electronically, go to:

<http://www.scc.virginia.gov/caseinfo/notice/asp> Click on 'submit comment' under Case Number PUE-2005-00018. Your comments must include the Case Number to be in the record.

Save The Trail is the only registered non-profit organization that was formed to protect the W&OD Trail in this legal battle. Our attorney, Jack Rust, is engaged and fighting to win. But we need your help to do so. We must raise \$50,000 before December 31st, 2005 and much more in the coming year. Without your tax deductible donation TODAY, the battle to save the W&OD Trail will be lost. This is a unique time in all of our lives. We only have today to save the Trail.

(Continued from page 4 Ride Schedule)

- | | |
|-----------------|--|
| Date: | Sunday, February 12, 2006 |
| Start Location: | Reston Town Center NE parking lot |
| Level: | A/B |
| Time: | 10:30 AM |
| Mileage: | 32 miles |
| Description: | Arcola and Ashburn |
| A/B Leader: | Carlos Chapa, 703-352-7357 |
| C Leader: | TBD (call Greg Foster, (703) 489-8706) |
| | |
| Date: | Saturday, February 18, 2006 |
| Start Location: | 7-Eleven at Crestview and W&OD Trail |
| Level: | A/B ride |
| Time: | 10:30 AM |
| Mileage: | Various (typically 50 miles or more) |
| Description: | Impromptu (Please call if planning to ride) |
| A/B Leader: | Gaston Prudencio, 703-906-7524 |
| | Randy Karn, 703-742-4074 |
| | |
| Date: | Sunday, February 19, 2006 |
| Start Location: | Reston Town Center NE parking lot |
| Level: | A/B |
| Time: | 10:30 AM |
| Mileage: | 32 miles |
| Description: | Leesburg Donut Run/Impromptu |
| A/B Leader: | TBD (call Ron Rothrock, 703-759-2850) |
| C Leader: | TBD (call Greg Foster, (703) 489-8706) |

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Hamilton, VA 20159

For more information, please visit www.savethetrail.com or call 703-779-1865.

- | | |
|-----------------|--|
| Date: | Saturday, February 25, 2006 |
| Start Location: | 7-Eleven at Crestview and W&OD Trail |
| Level: | A/B ride |
| Time: | 10:30 AM |
| Mileage: | Various (typically 50 miles or more) |
| Description: | Impromptu (Please call if planning to ride) |
| A/B Leader: | Gaston Prudencio, 703-906-7524 |
| | Randy Karn, 703-742-4074 |
| | |
| Date: | Sunday, February 26, 2006 |
| Start Location: | Reston Town Center NE parking lot |
| Level: | A/B |
| Time: | 10:30 AM |
| Mileage: | 32 miles |
| Description: | Another Great Falls Ride |
| A/B Leader: | Daren Magness, 703-729-5773 |
| C Leader: | TBD (call Greg Foster, (703) 489-8706) |



HERNDON: 785 Station St. 703-471-4031
 VIENNA: 132 Church St. 703-938-0921

SERVING #1

A slice of Orange Cranberry
 Herndon Great Harvest : W&OD Mile # 20

SERVING #2

A slice of 9-Grain
 Vienna Great Harvest : W&OD Mile #11.5

(turn around)

SERVING #3

A slice of Raisin Cinnamon Chip
 Herndon Great Harvest : W&OD Mile # 20

17 miles round trip.
 (You've definitely earned yourself
 a jumbo Double Choc Chip cookie, too!)



Reston Bicycle Club Membership Application Form

Name _____ Age _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ E-mail _____

Additional Household Members Who Ride

Name _____ Age _____

Name _____ Age _____

Attention Parents: Riders under age 17 must sign a parental consent form, please send me this form: Yes No

Rider Level (see left page for descriptions)

Name _____ A+ A B C D Name _____ A+ A B C D

Name _____ A+ A B C D Name _____ A+ A B C D

What is your preferred time(s) to ride? Saturday Sunday Weekdays

Indicate areas you might be willing to help with: Lead Rides Tour & Weekends Annual RBC Century Newsletter

Club Social Events Data Entry Triathlon Education/Safety Legislative Action Membership Phone Calls

Other _____

Please complete this form and return with checks payable to Reston Bicycle Club to:

Reston Bike Club P.O. Box 3389 Reston, VA 20195

Annual Dues: Annual dues for single membership \$15.00 plus \$1.00 for each additional member of the household.

www.RestonBikeClub.org

The Wheel

The Newsletter of Reston Bicycle Club

PO. Box 3389
Reston, VA 20195

www.restonbikeclub.org

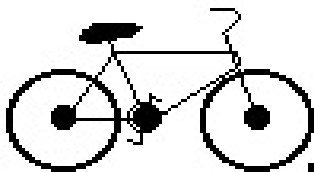
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