

the **Wheel**

September 2023

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Letter from the Chair



Hello RBC Members and Friends!

With the change in temperatures and the 2023 Century in the rearview mirror, we now look forward to the peak riding season in our area. I have already had one great gravel ride in the last weeks (as well as a good beating on the Civil War Century) and know that many of you are having great rides "out west" on the beautiful roads of Loudoun County.

Since the Century is addressed separately, I only want to state my appreciation for the many volunteers who worked long and hard to make the event a complete success. To the steering committee of Jake, Laura, Boo, and Kelley whose months of planning set the foundation for a safe, successful and enjoyable day for all – **THANK YOU!**

On another club business, I want to welcome Joel Kuester to the RBC Board as Vice Chair. Joel has graciously agreed to fill this vacated role until the annual meeting and I thank him for stepping up. Joel is a long time active club member and looks forward to hearing from the membership on Club rides.

Somewhat related to this, next month the Club will be holding annual elections for Chair, Vice Chair, Treasurer, Secretary and three at-large board positions. I encourage all members to consider one of these positions. This Club exists because of the dedication and commitment of members who spend many hours behind the scenes tending to the infrastructure that makes RBC possible. This is the opportunity for you, the membership, to shape the direction of the Club to meet the members' interest and needs. If you are interested in assuming a leadership role in 2024, please contact Jake Welch at Jwelch5757@gmail.com for more information. Jake will be sending out information in early Oct regarding the nomination and voting process, and the vote will be counted at the annual meeting to be held on Sunday, Nov. 12 (save the date!). And of course, if you don't have the ability to assume a formal position on the Board, there are many tasks needed to keep the club running smoothly throughout the year that we are always looking for help - raise your hand and the Board can always use some extra help.

Finally, on a less welcome topic, I want to remind everyone to "play nice" on rides; we recently had a violation of [Rule #43](#) on a Club ride. This is not acceptable - there is enough conflict in this world, and cycling is not, by design, the rest of the world. Respect yourself, respect your fellow riders, respect the Club. Don't be a j@ck@ss.

Cheers,

Chris

40th Reston Century - RECAP

Whew! While we love putting on this event, it takes hundreds of person-hours to pull it off. We hope you enjoyed this very special 40th Edition of the Reston Century. Here are some fun statistics from this year's ride:

- 1,085 Registered Riders (1,007 checked in)
- 157 Volunteers
- 892 Route Marking Arrows
- 360 Donuts
- 210 Mini Coke Cans
- 60 Loaves of Bread/24 Jars Each PB&J
- 13 GALLONS of Gatorade Concentrate. When mixed at 4 pumps per 20 oz. water, that's 8,320 bottles worth. Anyone put more than 4 pumps in their water bottle???

Enjoy some photos from the event and feel free to share yours on the [Reston Bike Club Facebook](#) page or send them to us via [email](#).

Century Photos

Wheel of Trivia!

September Trivia Question

In what year did the UCI hold its first Esports World Championship on Zwift?

August Trivia Answer

Q: What year was The Reston Bicycle Club formed?

A: **1982**; *The club is a volunteer, non-profit and boasts over 800 members.*

Welcome New Members!

Sung B
Ivan B
Callista C
Chuck C
CJ C
PerryAnne C
Jonathan C
Jeanne F
Bob G
Malinally G
Mila G
Philipp G
Jenna H
Maryann K
Kyeongsu K
Heidi K
Amy M
Scott M
Arjun M
Gini M
Brayden M

Chloe M
John M
Gregory M
Shim M
David M
Michael N
Suzanne N
Hamid Reza O
Paul R
Laura P
Charlie R
Noyes R
Ricky S
Eden S
Wesley S
Hazel T
James T
Michelle T
Sean W
Jack Z

RBC Club Store - Stickers and Magnets

Show off your RBC pride by purchasing a sticker and/or magnet. Add to your beer fridge magnet collection. Adorn your car-mounted bike rack with a sticker. There are so many uses for RBC stickers and magnets that we just can't list them all!

Click on [here](#) to visit the RBC Store.

- Stickers are \$2 each
- Magnets are \$3 each
- Order together and save!

Free delivery within 10 miles of Reston.

Club [Events Calendar](#)

The 2023 season is winding down. Be sure to register for rides you plan to join so can receive updates in case there are changes.

- Monday - Women's Rides from The Bike Lane and Green Lizard
- Tuesday & Thursday - All Levels Group Rides from Reston or Herndon - *Ride Leaders Needed!*
- Wednesday - Ramble Rides (different location every week)
- Thursday - Women's Ride from Lake Newport
- Saturday - All Levels Group Rides from Art Space in Herndon - *Ride Leaders Needed!*
- Sunday - Tour Rides (different location every week)

If you don't see a ride you'd like to do, reach out to us and we'll support you in setting it up!

Click the "Events Calendar" link above or download the Wild Apricot For Members app (links below) for updated events listings. Login credentials for the app are the same as for the website.



[Link to 2023 Liability Waiver](#)

If you plan to ride with RBC this year at any time (including the Century), you will need to sign the 2023 Liability Waiver. You only need to do this ONCE each the year.

Local-ish Events

We are happy to share local cycling and other interesting events in the DMV and surrounding area with our members. Send an [email](#) if you'd like to see your event listed here.

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- Oct. 7 - [Heroes for Housing Charity Bike Ride](#), Prince William County, VA
- Oct. 7 - [Culpepper Cycling Century](#), Culpepper, VA
- Oct. 21 - [Bikes & Beers Manassas, Ma](#)anassas, VA
- Oct. 28 - [The Great Pumpkin Ride](#), Warrenton, VA

Also, check out [BikeReg's Mid-Atlantic listing of events](#) throughout the region.

Virginia Cycling Resources

Check out this link for [Cycling Virginia](#)! 2023 is the 5th year for this website and with 70,000 unique visitors. It is your one stop resource for information on cycling in the Commonwealth of Virginia.

[Virginia is for Lovers](#)

[Bicycling in Virginia \(VDOT\)](#)

[Virginia Bicycling Federation](#)

[Fairfax Alliance for Better Bicycling](#)

Chain Links

- [RBC Board Members](#)
- [Check My Membership](#)
- [Ride with GPS](#)
- [Borrow a Travel Case](#)
- [Board Meeting Minutes](#)
- [Past Issue of *the Wheel*](#)
- [RBC Insurance Information](#)

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